



DOS AND DON'TS FOR BLACK LUNG PATIENTS

CORONAVIRUS (COVID-19) UPDATE



Mining Education and
Research Center

1

DO Wash your hands thoroughly for at least 20 seconds and frequently to minimize the spread of COVID-19.

2

DO Call your healthcare provider if you develop a cough, fever, and shortness of breath.

3

DON'T Wear a face mask unless you are sick or taking care of someone who is sick.

4

DON'T Travel unnecessarily. The best way to minimize the spread of COVID-19 is to avoid contact with those that are infected.



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**FOR UP TO DATE
INFORMATION ON COVID-19**

VISIT: [HTTPS://WWW.CDC.GOV/CORONAVIRUS/2019-NCOV/INDEX.HTML](https://www.cdc.gov/coronavirus/2019-ncov/index.html)